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My vision for the future is the full awakening of global consciousness. We are experiencing a global transition at a dramatically accelerated pace, but Self-realization and awakening on a global scale has yet to fully manifest. A new emerging world is unfolding and calling out to us individually. And I am committed to fully participate in this global effort to a radical way of thinking - from separation to oneness, from lack and scarcity to abundance, and from fear to love.

What I want most is to be a catalyst of this global transformation. I believe we are all here to support and uplift one another, to collectively and individually learn, grow, contribute and connect, to shift the mind's limitations to expanded consciousness, and fully awaken to our Creative Self, or Higher Intelligence. At peak state, we evolve into artists, leaders, innovators and creators that fulfill the yearning to answer God's call to be the salt of the earth, the light of the world.

This vision comes out of my short-lived, but frightening, experience with agonizing depression; feeling helpless, alone, separated, unsupported, and sad. I had everything I could ever ask for. I SHOULD HAVE BEEN HAPPY. But there was a void I just couldn't fill. My spirit longed for freedom and self expression. Buried in the depths of my despair and confusion, I searched and found the source of **LOVE** and **PEACE** deep within myself. Freed from the victimization of my own thoughts and conditioning, a greater impulse to share the enlightening experience to the world and burning desire to help, serve and connect is bursting out of me and cannot be contained any longer.

My business contributes to creating this vision through empowerment and awakening. As a Strategic Interventionist and Awakening Coach, I create plans and strategies shifting breakdown to breakthrough, crisis to creativity, heartbreak to heart expansion, and unconscious to consciousness. I help my clients emancipate from their pasts, belief structures, fears and worries by skillfully reprogramming their mental and emotional states. From an empowered state, I connect my clients with their inner strengths and knowing to a life of authentic power, limitless creativity and unbridled passion.

I focus on helping anyone hungry for change, particularly women feeling defeated, frustrated, disconnected and shut down. I cater to working single moms overwhelmed with guilt, shame, and stress. For 15 years, I was an overworked, single mom so I understand the pain, frustration, setback, and disappointment. Life is meant to be joyful and meaningful, not depleting and tiresome. I will get you unstuck, motivated and at peace through a powerful process of self-love, release and awakening.

As this change happens for the women I serve, they too will create shifts in their own work, relationships and environment for this generation and more to come. Centered as Source; Co-Creator in Higher Intelligence; Body, Mind and Spirit Alignment at highest level of energy. Truly, **the salt of the earth, the light of the world...**